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# Faith In The Valley: Lessons For Women On The Journey To Peace



## Synopsis

A New York Times Bestselling Author A Blackboard Bestseller

## Book Information

Audio CD

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Best Sellers Rank: #3,586,968 in Books (See Top 100 in Books) #17 in [Books > Books on CD > Authors, A-Z > \( V \) > Vanzant, Iyanla](#) #692 in [Books > Books on CD > Health, Mind & Body > Relaxation & Meditation](#) #3242 in [Books > Books on CD > Health, Mind & Body > Personal Growth](#)

## Customer Reviews

Popular speaker and "spiritual life counselor" Vanzant presents inspiration and advice addressed primarily to African American women but of use to everyone. She emphasizes that we have within ourselves the resources to solve most of our problems. "We always get what we expect," she says, and adds, "It is the Father's pleasure to give you the kingdom. The issue is, are you willing to receive it?" In *Faith in the Valley*, she uses "valley" as a metaphor and cites ten kinds of valleys in which we can find ourselves: life, understanding, courage, knowledge, wisdom, o.p.p. (other's people's problems and perspectives), comeuppance, purpose and intent, nonresistance, and love.

"Wherever you are, play some, pray some, and have faith. When the praise goes up, the blessings come down." *Iyanla Live!* is a series of live recordings of programs Vanzant has presented.

Audience responses are included. In *Our Relationship with Money*, she maintains that the state of our finances reflects our values and spiritual health. "Don't complain as you pay your bills. They come after you've made the phone calls, worn the shoes, used the car. The bills are evidence that you have been blessed." In *Our Relationship with the World*, she stresses that we are already empowered and it is up to us to act on that empowerment today, not to wait for some confluence of circumstances that may never come to be. Vanzant's no-nonsense advice is itself empowering and affirming. For public library collections. Ann Blaine Hilyard, Lake Villa Dist. Lib., IL Copyright 2001

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"Faith in the Valley is a healing balm, skillfully applied to our deepest and oldest wounds. Iyanla Vanzant gently takes our attention off the negative thoughts which have left so much pain and destruction in their wake and restores a new resiliency to our souls." -- Joan Brady, author of God on a Harley

Once again, Mrs. Vanzant has outdone herself. Faith in the Valley is exactly what the title implies. Iyanla seeks to help the reader shed light on life's dull situations. Iyanla writes that its okay to feel what you feel when you feel it. Don't hide your emotions; seek God; He will lead you to the truth of the situation. Know that everything no matter what happens is for the best, and move on. We have all been through, or are going through situations that may seem as if it is the end of the world. Mrs. Vanzant reminds you that if you are still breathing, functioning and waking up the next day every morning that everything is fine. In fact, everything was always all fine. Things may not always go your way, they will go God's way and God's way is always the best way. In Faith in the Valley Mrs. Vanzant puts in words what our intuition has been telling us all along, that same intuition that most of have been ignoring all along. If you are or have ever felt anger, fear, hate, resentment, confusion or any emotion that has kept you in a state besides that of peace and love, Mrs. Vanzant wants to take you on a journey toward peace. Mrs. Vanzant's message is powerful; it possesses the power of love. Mrs. Vanzant's message is liberating she urges you to seek truth. If you have ever doubted yourself, your existence, your purpose, Faith in the Valley holds a wonderful, powerful and liberating message for you.

This Book means so much to me. I wish I could call you in person. I bought this for my Mom for Christmas. The book is in Absolutely Perfect condition! Not to mention; packaged with care & shipped quickly. Thank You So Much!!! Strange but true & so touching; the last thing on my list was to purchase a beautiful book mark for my Mom to go with this book. I opened "Faith in the Valley" to inspect the condition of the book more closely. Lo and behold, a gorgeous book mark was placed inside! Amazing. I can't thank you enough for taking such care, for being honest about the condition of the book, and for the special touch. Thank You So Much :) Sincerely, Lori

A special binding of pages - offers reflection, reassurance, guidance and love throughout the highs and lows of everyday life. Philosophically based messages delivered so eloquently, regardless of

race, religion or creed. A must have - something you will cherish for a lifetime. You can faithfully read everyday or just turn to it only when perspective is needed. There is no wrong way - every message is delivered to you when "you" are ready to receive it. What a gift to give yourself and to all others in your life; whether you're openly sharing it's passages or just embodying its way of being in your everyday life. These words will empower you and impact you no matter where you are in life. I often retreat to these pages for guidance; resulting in passing on my own worn and tattered editions, then reordering a new one for myself; too many to recall over the last decade. It's that amazing! I'd gift one to every woman, young and old in this world if I could. I ask you to pay no mind to "for women of color" or African American limitations the author has chosen to include on this cover and on other of her publications. This book, and the others I have of her, their messages transcends any ethnic boundaries that may be put in place by those headlines or titles. I encourage iyanla to remove these "barriers" with respect, so everyone can embrace and share in the passages. Many will not pay mind to its brilliance in fear they won't relate to its text or in fear that it isn't socially acceptable to be reading a book made for woman of color if that don't fit that physical character. Let my review assure you: all women, all ages, all races and all religions - this is for you. I pray that this book finds you.

I wear glasses and the book was still hard to read. I know the book and it is a great read but this edition the font is way too smal..

I love this little gem of a book. One of the books I read daily in the morning. Just open to a random page for the message that I need that day. Always pertains to my life! Amazing!!

A very good read! I bought the book years ago but wanted it on my Kindle to read at my leisure!!

Love this book really straight to the point, and helped me deal with a lot of regrets and hurt in the past. Looking forward to purchase more books from Iyanla

I love all,her books

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